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Accessing the Dawsonera platform.



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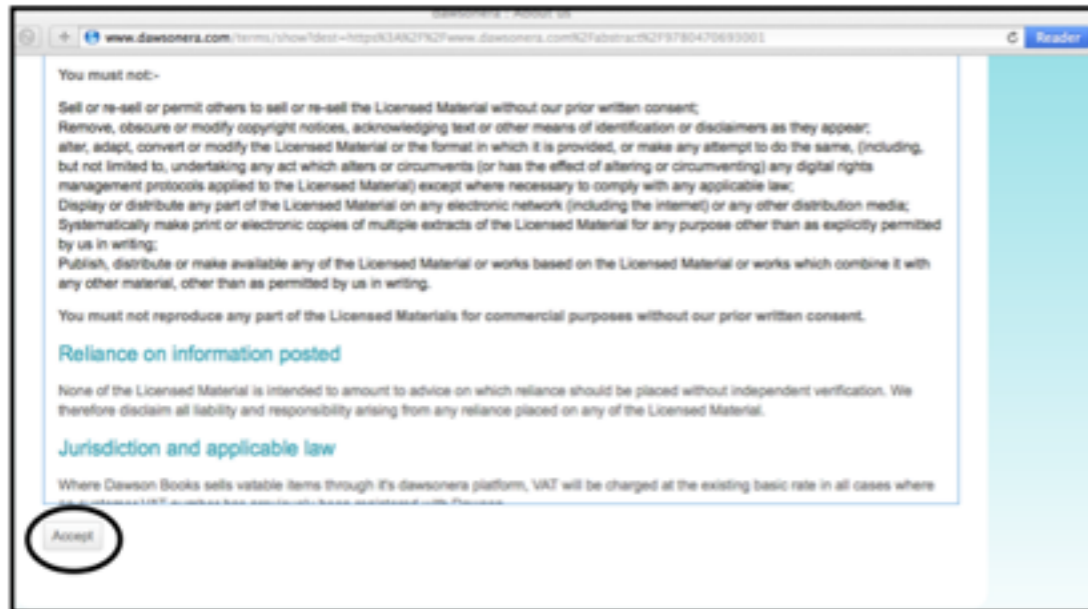
- By accessing the direct URL made available to you.

For example, clicking on the following web address will lead you directly to the ebook 'Discovering Nutrition' by Timothy Carr.

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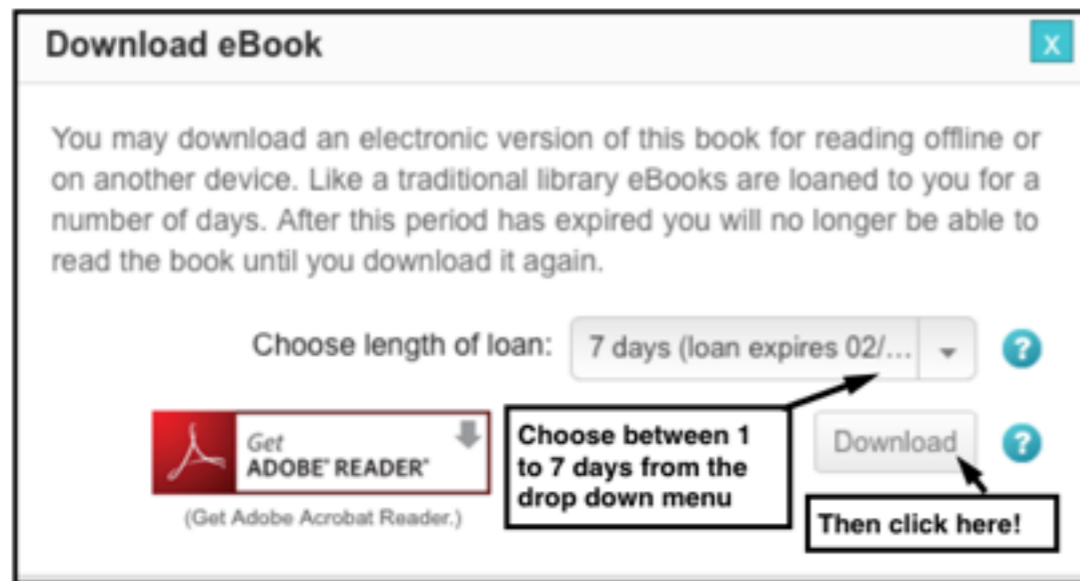
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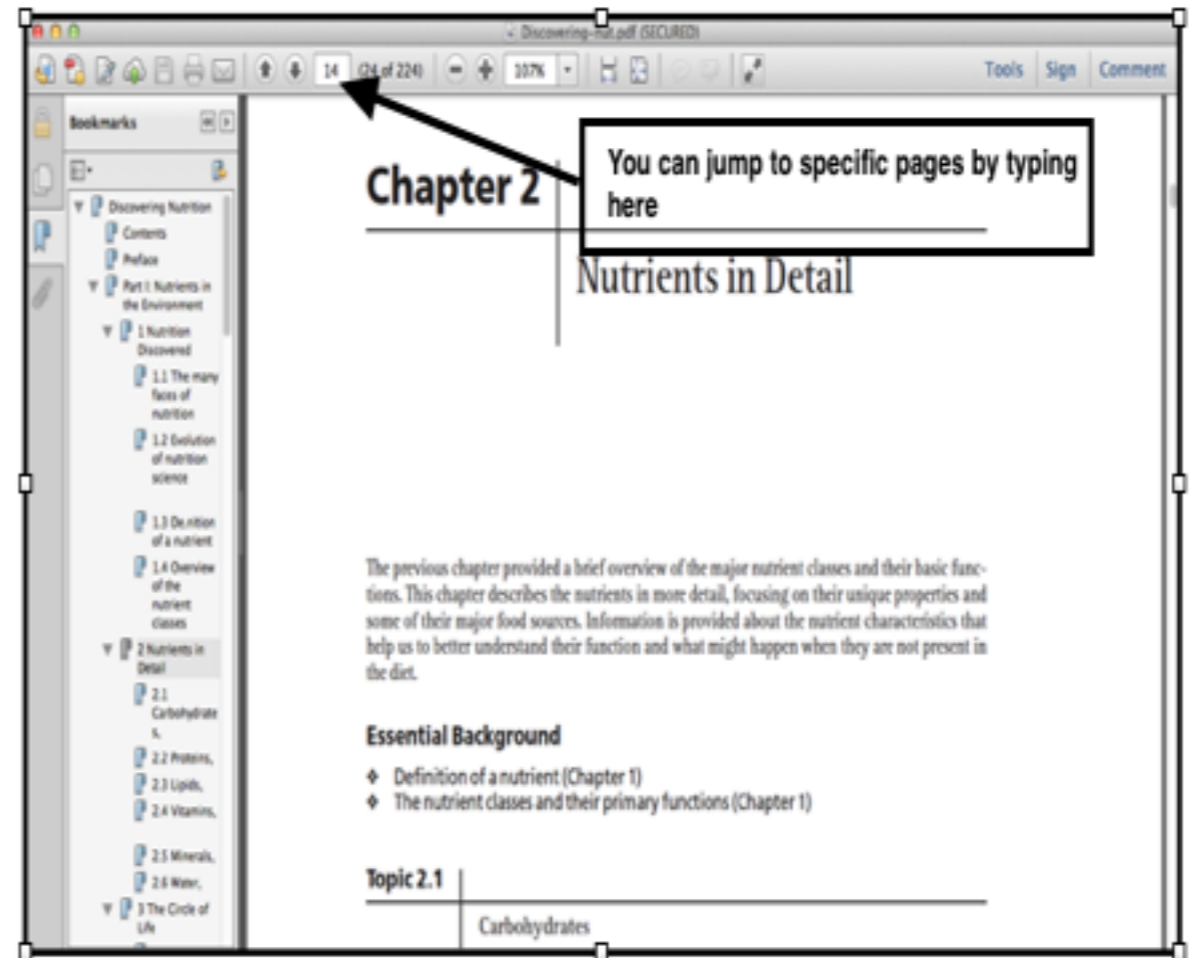
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Discovering Nutrition.pdf (SECURED)

14 (14 of 224) 100%

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Bookmarks

- Discovering Nutrition
 - Contents
 - Preface
 - Part 1: Nutrients in the Environment
 - 1 Nutrition Discovered
 - 1.1 The many faces of nutrition
 - 1.2 Evolution of nutrition science
 - 1.3 Definition of a nutrient
 - 1.4 Overview of the nutrient classes
 - 2 Nutrients in Detail
 - 2.1 Carbohydrates
 - 2.2 Proteins
 - 2.3 Lipids
 - 2.4 Vitamins
 - 2.5 Minerals
 - 2.6 Water
 - 3 The Code of Life

Chapter 2

You can jump to specific pages by typing here

Nutrients in Detail

The previous chapter provided a brief overview of the major nutrient classes and their basic functions. This chapter describes the nutrients in more detail, focusing on their unique properties and some of their major food sources. Information is provided about the nutrient characteristics that help us to better understand their function and what might happen when they are not present in the diet.

Essential Background

- ◆ Definition of a nutrient (Chapter 1)
- ◆ The nutrient classes and their primary functions (Chapter 1)

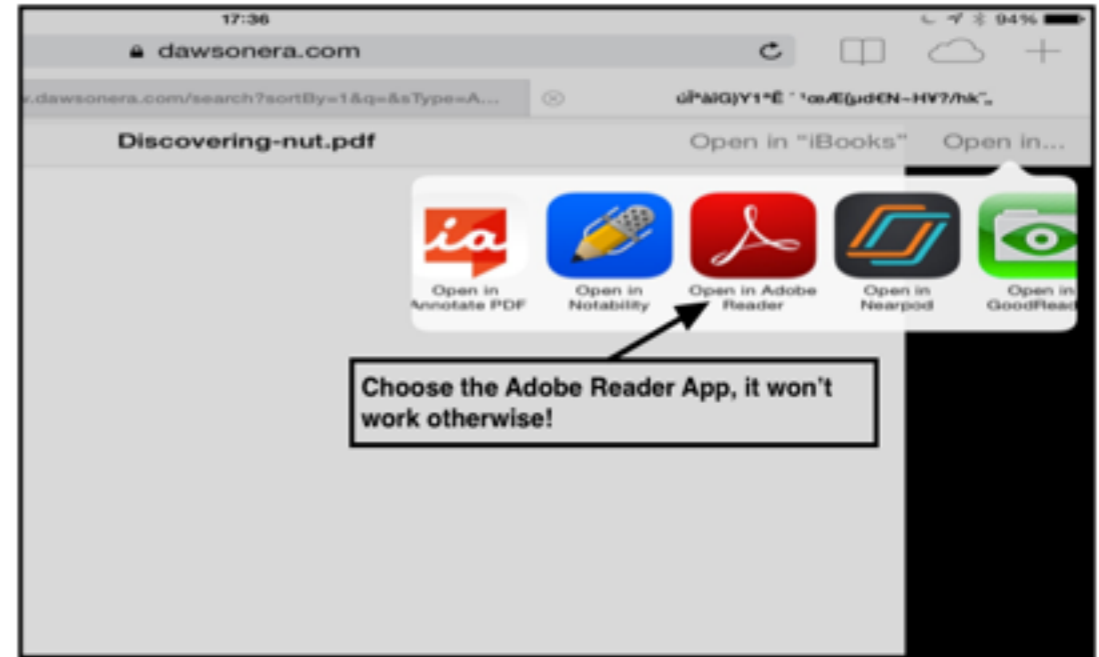
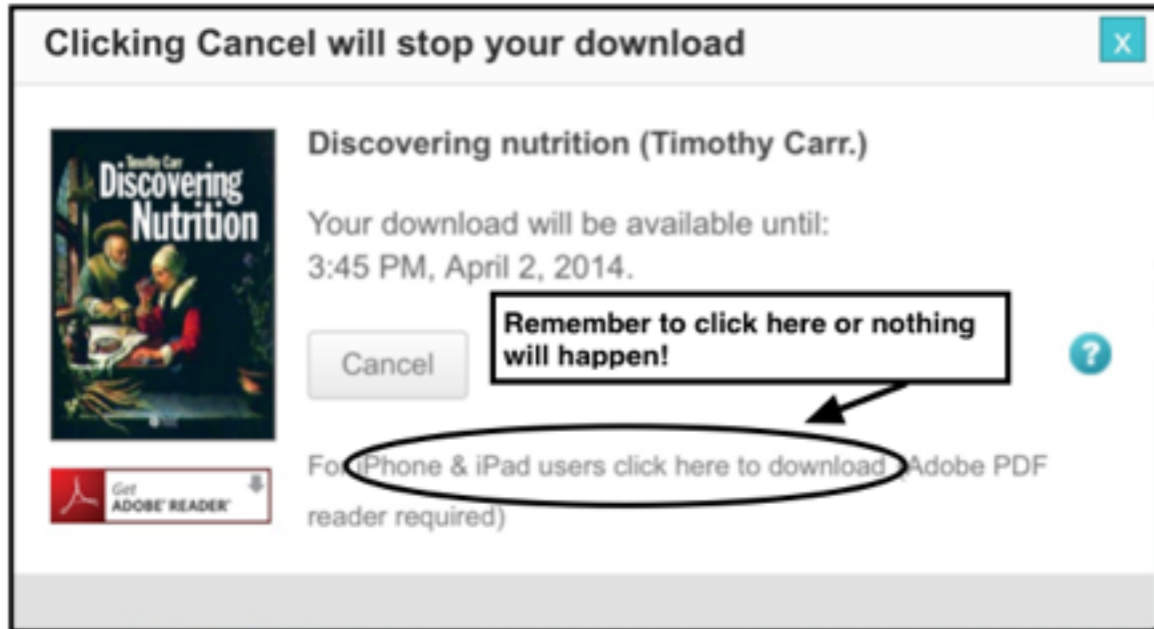
Topic 2.1

Carbohydrates

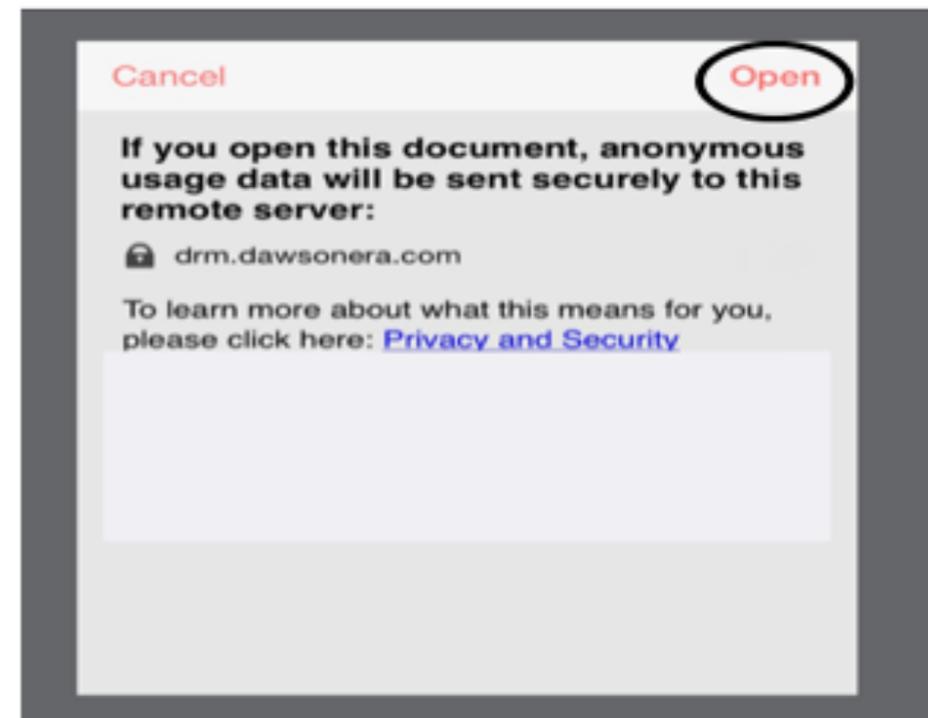
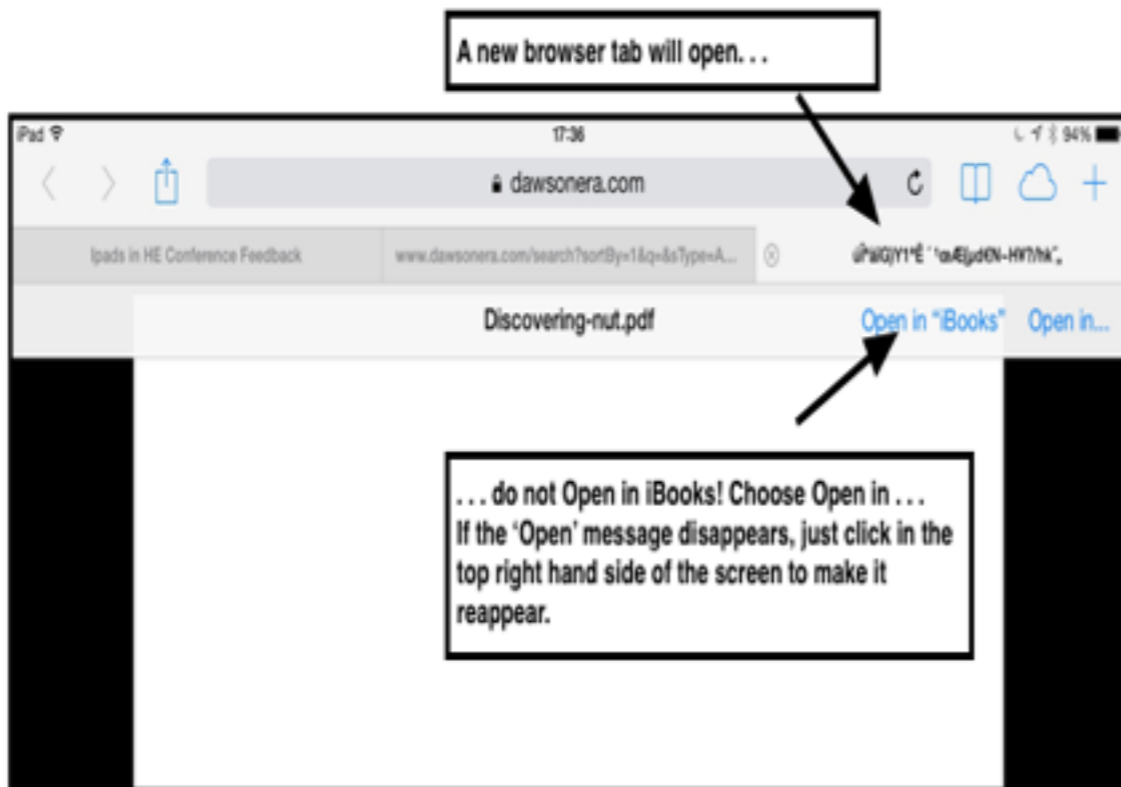
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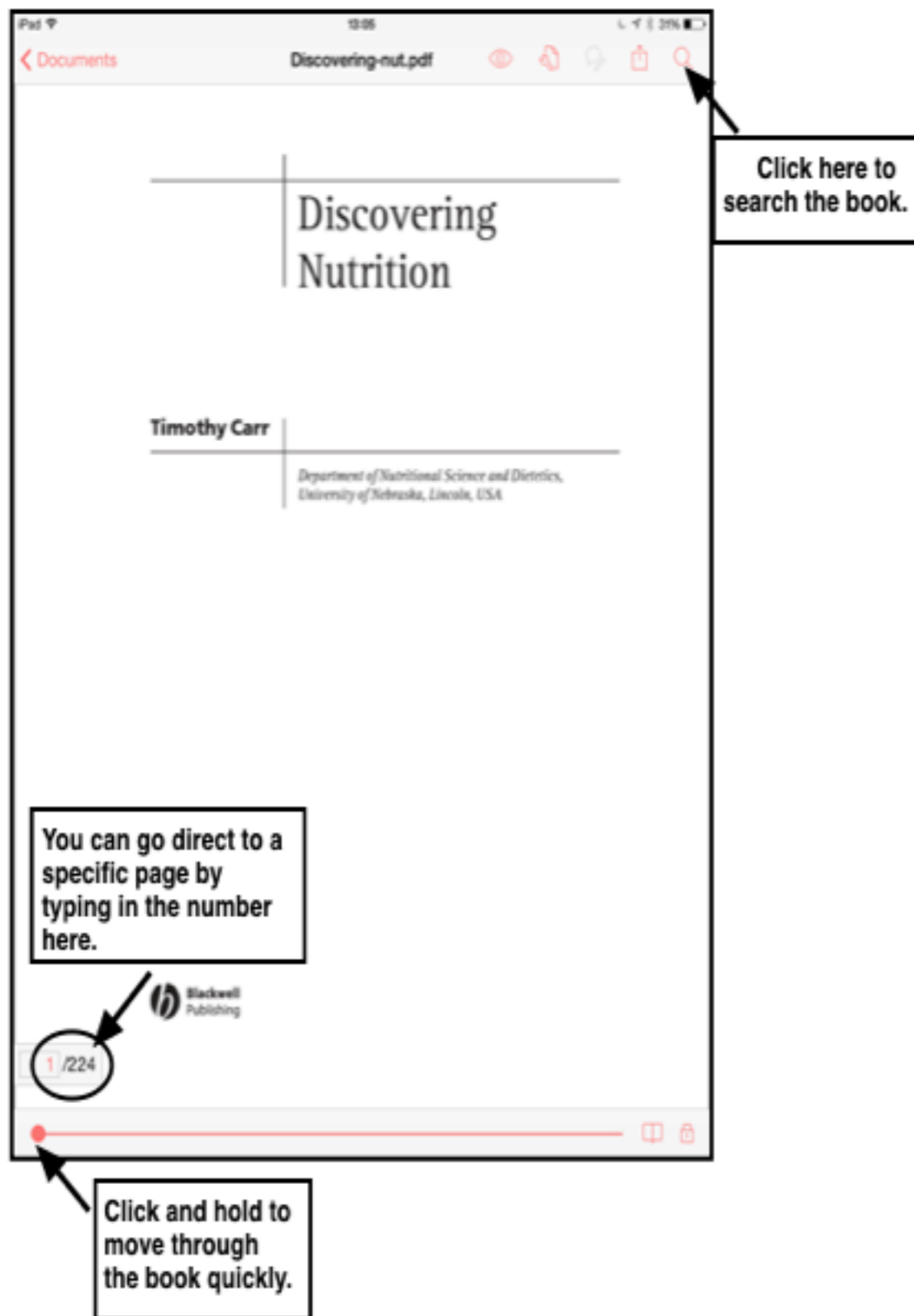
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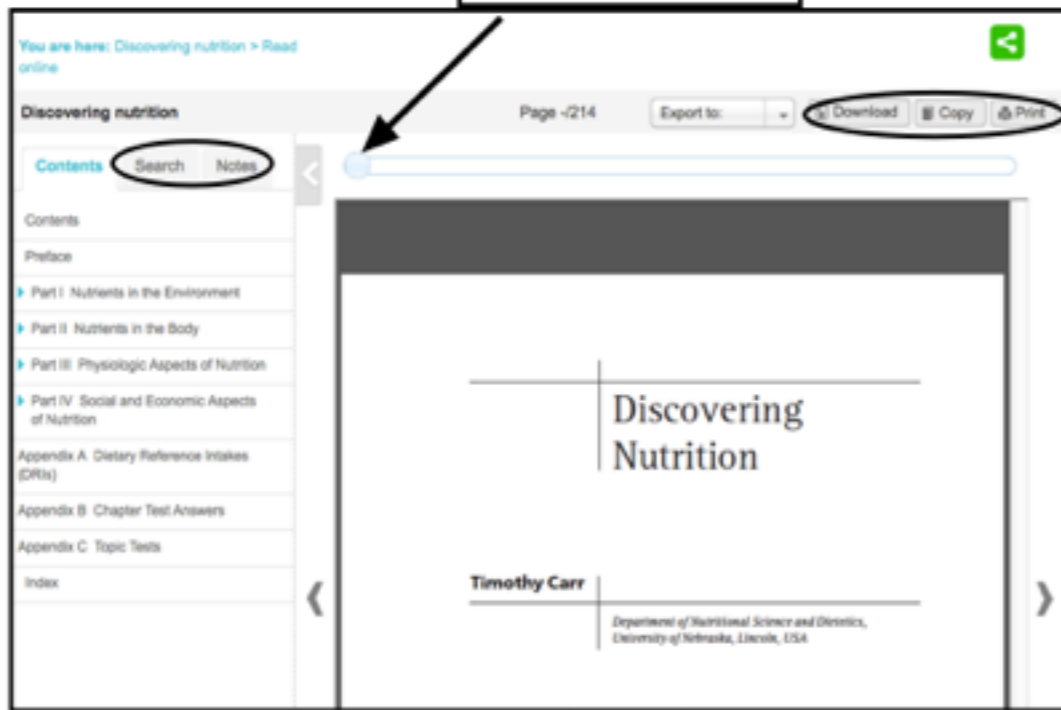


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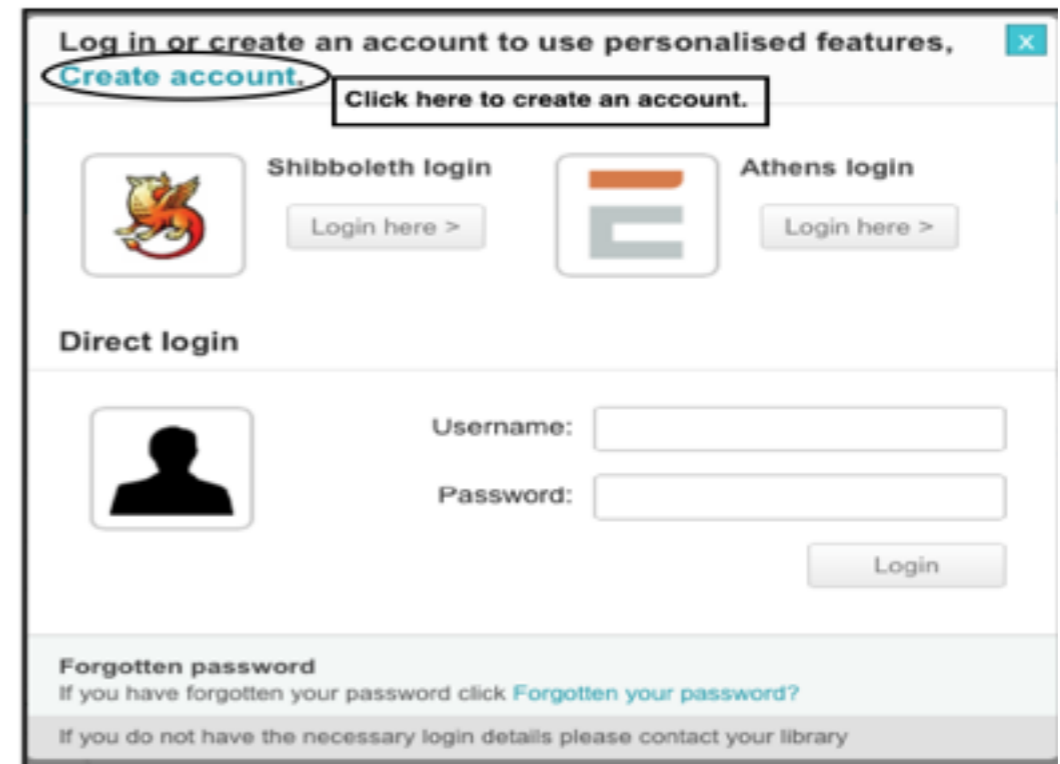


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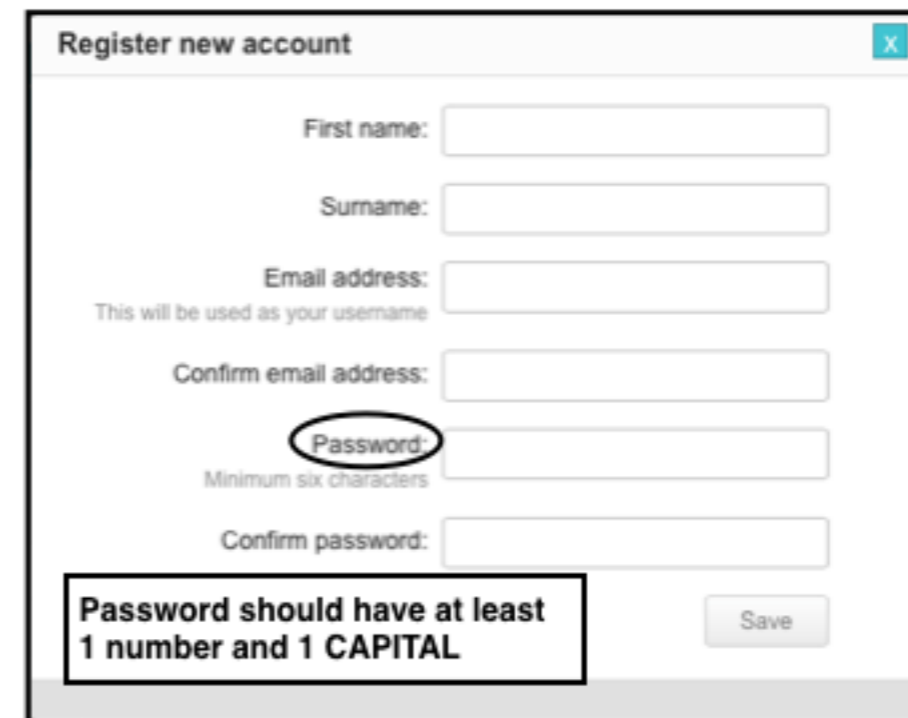


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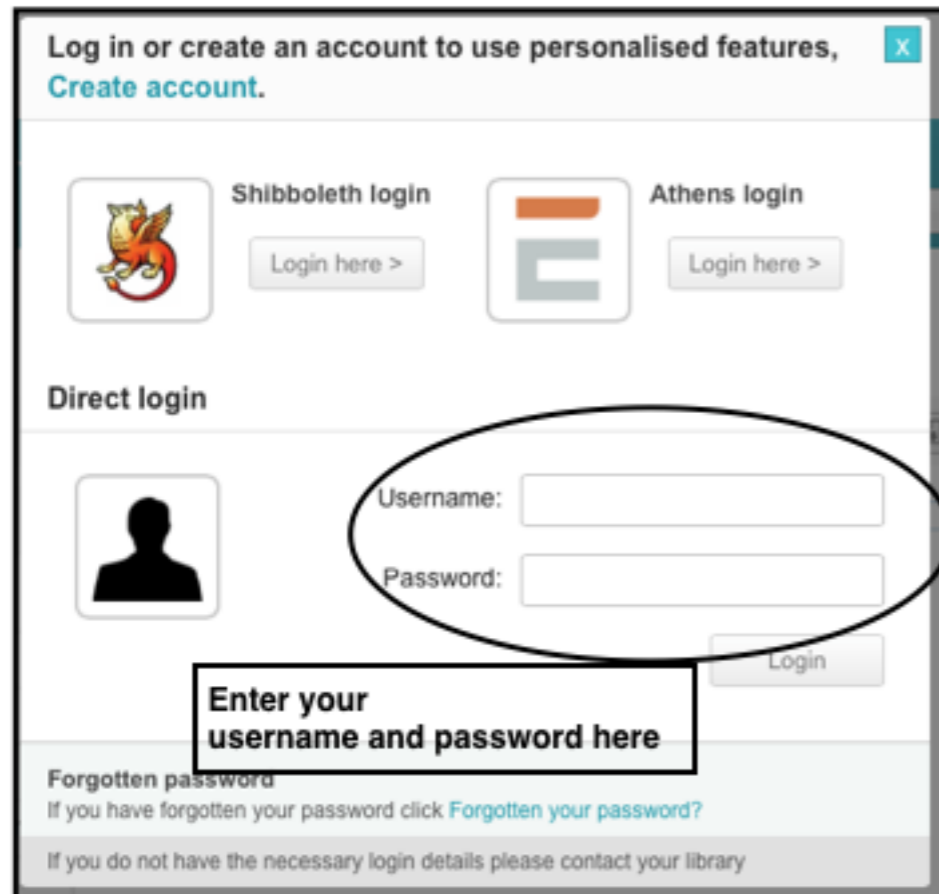
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